



RISE SC PLAYER & PARENT HANDBOOK

TOGETHER WE RISE



Rise Soccer Club (Rise SC) is a private 501(c)(3) nonprofit youth sports club that serves the Houston youth soccer community.

As a full service soccer club, our programming serves players of all levels - from recreational to college-bound - in a safe, supportive environment. Integrity, respect, honesty and sportsmanship govern everything we do.

Formed through the merger of Houston Express Soccer Club, Eclipse Soccer Club and Pearland United Soccer Club, Rise SC is dedicated to helping all players achieve their goals. With top coaches, a proven player development curriculum and unmatched facilities, Rise SC is poised for a great future in recreational and competitive soccer.

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DEVELOPMENT
ACADEMY MEMBER**



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SECTION I: Mission & Belief Statements

Our Mission

Rise Soccer Club builds premier soccer players and teams by:

- Training youth soccer players to their fullest potential
- Teaching skills, strategy, tactics, teamwork, and sportsmanship
- Providing the best coaching, facilities, and fundraising opportunities for Rise families

Integrity, respect, and honesty govern all of our endeavors so that our youth players can train and play in a safe and supportive environment. Our club and teams demonstrate outstanding sportsmanship at all times. While we strive for excellence at the highest levels of the sport, we ALWAYS remember we are training and guiding children to achieve success in life both on and off the field.

Our Belief

There are debates in youth soccer about winning vs. development. Rise believes in balancing both to have successful teams and, most importantly, successful players. Rise will not sacrifice development for the sake of winning. Player development, especially at the younger ages, must be more important than the win itself.

Our philosophy focuses on a balanced approach. We encourage players to take more risks and to value the fact that life's best lessons are learned from our mistakes. In our younger age groups, we participate in

a developmental league during the fall and spring. We use these games to apply training objectives taught in practice that week. We guide and observe the players in order to determine what to focus on in upcoming training sessions. We allow players the freedom to be creative in game environments without fear. The balance to this is that there are events for each team in which we play to compete.

We focus on a strong foundation and teach the fundamentals of the game. We provide age-appropriate training for every player, at every level. We educate and communicate with players and parents on the balance between competition and development, and we establish goals and milestones for the team and each individual player.

Winning can be important for our older Elite teams to secure berths in elevated levels of competition such as leagues and showcases. Winning can also be important for team morale, recruiting, team dynamics, and confidence. It comes from utilizing the right training methods.

Development is important because you end up with a team of well-rounded players. Shortcuts lead to sacrifices, and Rise is not willing to sacrifice competition for development or development for competition.

In order for this balance to be realized, every component within the club and within each team must work together — from the Board of Directors and the Executive Director, to team coaches, managers, players, and parents.



SECTION II: Rise SC Leadership

Board of Directors

President	Adrian Crespo
Vice President (Express)	Michael Foster
Vice President (Eclipse)	Paul Rossetti
Secretary	Greg Condrey
General Member	James Chapman
General Member	Robert Corrigan
General Member	Gary Doughty
General Member	Mark Wilson
General Member	Brandon Lavergne
Reliant Energy Representative	Ken Redding

Executive Leadership

Executive Director	Colin Chesters
Technical Director	Vedad Hadzajlic
Boys DOC	Earl Barrett
Boys Director / DA Director	Tarik Guendouzi
Girls Director / DA Director	TBD

Administrative Staff

Director of Administration	Michelle Romero
Registrar	Robert Thurmond
Competitive Administrator	TBD
Recreational Administrator	Alice Javier
Sponsorships	Elizabeth Jammer

SECTION III: Operations

The Board of Directors develops the vision and strategic plan of Rise SC and protects the assets of the club. The Executive Director is the chief executive officer of the club with responsibility for implementing the vision and strategic plan of the board. All Rise SC employees report either directly to the Executive Director or to his/her designee. Please visit risesc.org for a list of the members of the Rise SC coaching staff.

Business Address:

Rise Soccer Club
4638 Riverstone Blvd, Suite 200
Missouri City, Texas 77459

Mailing Address:

Rise Soccer Club
Houston Express Soccer Club
2617-C W. Holcombe Blvd. #121
Houston, Texas 77025



The RISE SC website is:

<https://risesc.org>

Any reproduction of the Rise SC logo, design or tagline without written consent from Rise SC is prohibited. Trademark on the Rise SC logo and tagline are pending.

Rise SC Social Media Handles on Instagram/Facebook and Twitter:

@risesoccerclub

Rise SC Communication Methods

Rise SC utilizes several forms of communication to relay necessary information and announcements to players and families including both the MailChimp and Demoshpere email platforms. We also use a text messaging service for field closure alerts.

Rise SC does not make available the e-mail addresses or other personal information of its members. Although member information is accessible to some extents to the Rise SC Coaching and Administrative Staff, any violation or inappropriate use of member information is subject to the Rise SC code of conduct. Parents, Team Managers or Volunteers may not use the Rise Soccer Club e-mail system for any purpose other than official Rise Soccer Club business.

Volunteering

Every Rise SC team is responsible for having a parent volunteer available to assist the club at Rise SC's request. Club level functions in which volunteers will be needed, but are not limited to: helping with fan gear sales, player evaluations, tournaments or club events. A Rise SC administrator will contact your Team Manager to organize your support.



SECTION IV: Programs

Rise Recreational (Recreational, U4-U19)

The Rise Recreational program ("Rise Rec") is a noncompetitive recreational soccer program that helps younger players build a foundation for future growth in soccer. Rise SC aims to make soccer accessible to any child wanting to play by providing a local, affordable, well-run recreational program.

Rise Academy (Jr. Academy U8; Academy U9-U10)

The Rise Academy program serves as a developmental bridge between Rise Rec and the Rise Competitive program. The Rise Academy consists of players within the Rise Competitive program and aims to prepare players for the technical, tactical, physical and psychological demands of the highest levels of competitive programming Rise offers. Rise Academy teams are formed and trained by licensed professional coaches, follow a proprietary training curriculum and compete mostly in local gaming leagues and tournaments. Occasionally, stronger teams participate in regional events.

Rise Competitive (Select, Premier and Elite U11-U19)

The Rise Competitive program is our competitive soccer offering for players U11 and older. Our competitive programming is divided into three levels, according to player ability and level of commitment. Rise Competitive teams are formed and trained by licensed professional coaches, follow a proprietary training curriculum and compete in local, regional and national gaming leagues, tournaments, cup and college showcase competitions.



SECTION V: Function of the Coach

Before each season, the Executive Director and/or Technical Director assigns to each Rise team a member of the Rise coaching staff to work as the team's primary trainer and head coach. The coach is charged with making all decisions relating to the soccer development of the players on his/her roster during the season.

Members of the Rise coaching staff train Rise players following a proprietary training curriculum. The Rise curriculum covers technical, tactical, physical and mental themes essential to a player's full development. Training is age- and skill-appropriate, but ideas and methodology are consistent throughout the Rise program. Specific training needs that arise relative to each team's competitive performance are also addressed on an ongoing basis.

Parents can expect the Rise coach to:

- Conduct meaningful and inspired training sessions that are congruous with the Rise curriculum.
- Arrive at scheduled practices and games early enough to conduct any required setup before the session's official start time.
- Develop a team season plan as well as finalize team roster, schedule and overall objectives
- Meet with team parents and players before the start of each season to establish expectations and communicate schedule.
- Provide individual player evaluations.
- Be available to parents and players to provide feedback and answer team-related questions per club policy.

- Maintain professional conduct at all times.
- Work with the team manager to establish clear and timely communication of essential team information.

SECTION VI: Commitment and Conduct Policies (Code of Conduct) Player

The primary roles of Rise players are to have fun, to learn and to be exceptional teammates.

Rise SC expects the following from all Rise players:

- Demonstrate 100% effort and a positive attitude at all training sessions and games.
- Arrive on time for all training sessions and games in proper kit, with ball, shin guards and water
- Wear approved Rise training kit at all training sessions.
- Arrive on time for warm-up before all games.
- Wear the appropriate uniform to all games.
- Notify the coach and team manager in advance of absences from training sessions and games.
- Show respect at all times for club policy, coaches, teammates, clubmates, opponents and referees.
- Demonstrate good sportsmanship at all times.

Failure to comply with Rise's policies and procedures can result in disciplinary action.



SECTION VII: Commitment and Conduct Policies (Code of Conduct) Parent

The role of the Rise parent is very simple: Be a parent, not a coach or referee.

Rise SC expects the following from all parents:

- Wait 24 hours after any event that gives rise to a complaint or concern before approaching a coach, team manager, club official or volunteer to discuss the matter.
- Support your son/daughter's play, and that of teammates, in a positive manner.
- Pay all fees – club and team – on time and in full.
- Keep your player's information up to date with current addresses, phone numbers and email addresses. To update any information contained in the player registration, please notify in writing the club registrar and the director of administration.
- To the extent that your player relies on you for transportation, ensure that he or she arrives on time to all training sessions and games.
- Avoid direct communication – either verbal or nonverbal – with Rise players and coaches during training sessions and games; avoid communication of any kind with referees and opposing players and coaches during games.
- Remain clear of the field during training sessions and games.
- Avoid the use alcohol, tobacco, profanity and abusive language of all kinds at all events that involve or relate in any way to Rise, its players or coaching staff.
- Observe all rules applicable to parents and spectators in the gaming league in which your player participates.

Failure to comply with Rise's policies and procedures can result in disciplinary action.



SECTION VIII: Function of the Team Manager

The team manager is critical to the success of any Rise team and to the overall experience of our players. Appointed by the Rise coaching staff, team managers serve in positions of great trust and are expected to be ambassadors of Rise to parents and players and to support Rise policies and procedures. In the process of appointing team managers for U9 and older teams, preference is given to volunteers who have been with Rise for at least one year.

In general, the team manager is the hub of communication among parents, players, the team's coach and Rise SC. Key information regarding players' participation in club activities is often disseminated to parents through team managers.

A Rise team manager's role and responsibilities include the following:

- Attend all Rise team manager meetings.
- Work with the team's coach to organize a meeting of the team's parents to discuss all matters relating to the upcoming season, such as the team's level of play, gaming league, training schedule, tournaments, showcases, finances, etc.
- Collect and assemble the team binder, which will include official rosters, player cards, medical release forms, permission-to-travel forms, etc.
- Assist Rise SC in welcoming and orienting players who join the team late.
- Attend the team's training sessions as frequently as possible.
- For all games, have a first aid kit, bench and canopy.
- Refrain from setting lineups, determining playing time or deciding any soccer matters. All games are run by a member of the Rise coaching staff, whether the coach is the team's head coach or another member of the Rise coaching staff.
- No more than one Rise volunteer may be present on the team sideline of an Rise team game, provided the rules of the applicable league or tournament permit volunteers on the team sideline.
- Collect appropriate fees for team activities not covered by fees paid directly to the club.
- Register teams for tournaments and other events as directed by the coach.
- At all times, support and uphold all club policies.



SECTION IX: Training Session and Games Policies

Training Session Policies:

Players on Rise teams are expected to demonstrate a consistent dedication to improving their play through regular attendance at training sessions. Only players and Rise coaching staff are permitted on the field during training sessions. Parents, siblings, friends and other interested spectators are encouraged to be present but must strictly limit their involvement to observing.

Game Policies:

All Rise games are run by members of the Rise coaching staff. Non-coaches, including but not limited to team managers and parents, are strictly prohibited from instructing players during games.

During games, Rise coaches and the team's manager are the only adults permitted on the team sideline. In part, this is for safety, but it is also to keep the sideline calm and professional. If a member of the Rise coaching staff is not present at a game, the team manager should be the only adult on the team sideline and he or she should run the game only as instructed by the coach or, in the absence of instructions from the coach, by the Executive Director or Technical Director.

The coach conducts the team's pre-game warm-up. The coach should notify the team manager if he or she will be late to warm-up. When this happens, the team manager should conduct the warm-up, consistent with the coach's instructions, until the coach arrives.

The Rise coach on the team's sideline for a game may not in all cases be the team's regular coach. In such cases, the Rise coach present for the game is still the head coach but may rely on the team's regular coach and the team manager for important information regarding the players and the team.

RISE RECREATIONAL (U4-U19)

The Rise SC Recreational program (Rise Rec) — the largest in Houston — introduces our youngest players to the beautiful game. Employing an innovative, comprehensive curriculum, the Rise SC coaching staff, with the help of parent volunteers, work to instill in our youngest players a love for soccer out of which they can, at an appropriate time, decide whether to move onto the competitive track. For older Rise Rec players, soccer gradually takes on the shape and characteristics of the adult game, but the environment never strays too far from the fun simplicity of the early years. Focusing on physical, social, cognitive and emotional development of players through fun and creative programming, Rise Rec is a fun, stress-free environment for players who love soccer as a favorite pastime or a time to be with friends.

The Rise coaching staff will support parent managers via parent education seminars and age-appropriate training lessons from the Rise curriculum. Rise coaching staff site coordinators will also be on hand at Rise Rec training and game locations to ensure the environment is positive and running appropriately.



SECTION IX: Training Session and Games Policies

Rise Recreational teams (Coed: U4-U5)

Rise Rec coed teams have one fundamental skills session per week on Friday's. Instead of the weekly-practice-plus-game format, this is a curriculum-based, developmental program. During these once weekly, hour-long sessions, the emphasis is on fun and age-appropriate skills development. A Rise SC staff coach will be on hand to help parent volunteers coordinate activities.

Rise Recreational teams (U6-U19)

Rise Rec teams have two training sessions per week, led by a parent manager for a maximum of one hour per session during the fall and spring soccer season. Rise Rec teams play games on weekends, and there may be some Friday evening games.

RISE ACADEMY (U8-U10)

The Rise SC Academy program serves as a developmental bridge between Rise Rec and the Rise SC competitive program.

Rise Jr. Academy teams (U8)

The Rise Jr. Academy provides players with their first experiences in competitive soccer. Teams are coached by members of the Rise SC technical staff, licensed by the U.S. Soccer Federation and fully immersed in the Rise SC curriculum. Rise Jr. Academy teams train two times per week following an age-appropriate, developmentally sound curriculum aimed at laying a sound technical foundation, fostering curriculum and furthering the player's love for the game

Rise Academy teams (U9-U10)

Rise Academy is the most significant and final developmental phase before the Rise SC Competitive program. Teams are coached by members of the Rise SC technical staff, licensed by the U.S. Soccer Federation and fully immersed in the Rise SC curriculum. Rise Academy teams train two times per week following an age-appropriate, developmentally sound curriculum aimed at laying a sound technical foundation, fostering curriculum and furthering the player's love for the game. In addition to their two weekly training sessions, Rise Academy teams are also offered an optional third training session per week to further advance their development.

COMPETITIVE, U11-19

The Rise SC Competitive program for boys and girls, U11 through U19 age groups, is divided into three levels, according to player ability and level of commitment:

Level 1: Rise Elite

Rise Elite is the highest competitive program within Rise SC. The Rise Elite program is incredibly rewarding but tremendously demanding. Rise Elites must demonstrate the highest level of commitment to training at all times in order to maintain physical and mental readiness for competitions. Roster positions and playing time are 100% earned on merit and never guaranteed.



SECTION IX: Training Session and Games Policies

Rise Elite teams train 2-4 times per week, depending on age and other factors, following a highly challenging and intricately designed curriculum aimed at preparing players for top college programs and for opportunities with the U.S. and other national teams. Elite teams receive, in addition to technical and tactical training, futsal, TRX training and speed/agility/quickness training to round out the top athlete and prevent injuries. Some training sessions may require a short commute.

Rise Elite teams are formed of the strongest players from across the entire Rise SC player pool.

Rise U.S. Development Academy

The pride of the Rise Elite program is the U.S. Development Academy program (DA). The DA programs exist within our Elite programming standards but adhere to the rules and regulations put in place by U.S. Soccer.

The DA is a nationwide youth development initiative organized by the U.S. Soccer Federation to enhance the development of the country's top players through high technical standards and a focus on meaningful competition. The DA provides education, resources and support to develop world-class players.

Rise DA teams are formed through a variety of evaluation methods. We scout players at games, tryouts and invitational training sessions. Player evaluations for DA teams can occur at any time of the year as long as the player is not currently rostered to another DA team.

Level 2: Rise Premier

Rise Premier is the second highest competitive program within Rise SC. Rise Premiers must demonstrate a high level of commitment to training at all times in order to maintain physical and mental readiness for competitions, as Rise SC desires all of its teams to hold or promote in league status from season to season. All players on Rise Premier teams receive playing time, but the amount of playing time and positions are at the discretion of the Rise SC technical staff based on player ability and commitment.

Rise Premier teams train 2-3 times per week, depending on age and other factors, following a highly challenging and intricately designed curriculum aimed at preparing players for lower-level college programs. Rise Premier teams receive, in addition to technical and tactical training, futsal, TRX training and speed/agility/quickness training to round out the top athlete and prevent injuries.

Rise Premier Teams are formed of the strongest players below the Rise Elite level on a community basis (e.g., Rise Central Premier teams are formed from players who wish to train exclusively in the South Campus or West University/River Oaks/Bellaire/Meyerland areas; Rise South Premier teams are formed from players who wish to train exclusively in the Sienna Plantation/Sugar Land/Missouri City areas). Rise Pearland Premier teams are formed from players who wish to train exclusively in the Pearland/Shadow Creek areas.



SECTION IX: Training Session and Games Policies

Level 3: Rise Select

Rise Select is the third highest competitive program within Rise SC. Rise Selects must demonstrate a substantial level of commitment to training at all times in order to maintain physical and mental readiness for competitions, as Rise SC desires all of its teams to hold or promote in league status from season to season. All players on Rise Select teams receive playing time, but the amount of playing time and positions are at the discretion of the Rise SC technical staff, subject to league rules, based on player ability and commitment.

Rise Select teams train 2-3 times per week, depending on age and other factors, following a highly challenging and intricately designed curriculum aimed at preparing players for lower-level college programs. Rise Select teams receive, in addition to technical and

tactical training, futsal, TRX training and speed/agility/quickness training to round out the top athlete and prevent injuries.

Rise Select teams are formed of the strongest players below the Rise Elite and Premier levels on a community basis (e.g., Rise Central Select teams are formed from players who wish to train exclusively in the South Campus or West University/River Oaks/Bellaire/Meyerland areas; Rise South Select teams are formed from players who wish to train exclusively in the Sienna Plantation/Sugar Land/Missouri City areas). Rise Pearland Select teams are formed from players who wish to train exclusively in the Pearland/Shadow Creek areas.



SECTION X: Player Travel Policy

Occasionally, Rise teams participate in tournaments or other events outside of Harris County and its surrounding counties. While attending out-of-town events, all Rise parents and players must adhere to Rise's Code of Conduct. All applicable hotel policies apply as well. Players and adults who fail to adhere to all rules are subject to sanctions as set forth in the Code of Conduct.

Hotel arrangements for out-of-town events should be coordinated through the team manager. All players and parents should stay at the same hotel throughout the event. Normally, this is required by the event's host. However, even if not required, staying in the same hotel is crucial to players building chemistry through team travel. Additionally, while attending out-of-town events, Rise players and their families are encouraged to always stay in groups for safety.

To the extent that fees paid to the club do not cover travel costs, teams participating in such events are responsible for covering their coach's travel costs. Any player who participates in an out-of-town event and fails to pay his or her share of the team's travel costs may be deemed ineligible to participate in future team events, including league games.

SECTION XI: Guest Player Policy

Guest players are players not currently registered with Rise but who participate in any event involving Rise teams. Guest players are considered part of Rise and must adhere to all Rise rules and policies. The team's coach and manager are both charged with ensuring that guest players and their parents are fully informed of this policy before their participation with Rise. Guest players are responsible for paying in advance their own participation costs and travel costs.

Before participating with Rise teams, guest players must provide the team manager and coach with all documentation required by any applicable gaming leagues and sanctioning organizations.

Rise players may not guest play with a non-Rise team without the prior consent of his or her team's coach and the Executive Director or Technical Director.



SECTION XII: Coach Travel Policy Outside of Pre-Approved Events

A travel event is any tournament, showcase or other non-league event or game that is beyond the Rise pre-approved programming for that team and that occurs beyond Harris County and its immediately surrounding counties.

All Rise teams participating in Travel Events must be covered by a member of the Rise coaching staff. Parents of players on Rise teams participating in travel events outside of Rise pre-approved programming are collectively responsible for covering 100% of the travel costs (see Section IX) incurred by members of the Rise coaching staff covering such events and are individually responsible for their personal costs associated with attending such events.

Participation in travel event must be approved in advance by the Executive Director or Technical Director. The Rise coaching staff member assigned to the team is responsible for seeking this approval.

Coach travel costs are those costs consistent with IRS standards for the year in which the costs are incurred. For 2017, coach travel costs are reimbursed as follows: \$0.54 cents per mile driven, \$51 per diem for each full day for meals, \$40 per diem for each partial day for meals, \$5 per day for incidentals, hotel costs (room and tax only); if required, cost of airline tickets and rental cars.

If a member of the Rise coaching staff covers more than one team in a travel event, then the participating teams share the responsibility for reimbursing the coach proportionately.

Team managers and parents should not pay travel costs in advance of travel events unless otherwise instructed by the Executive Director or Technical Director.

Rise coaches must adhere to Rise's Code of Conduct when attending out-of-town events.

SECTION XIII: Fundraising

All activities aimed at raising funds must be approved in advance by the Executive Director.



SECTION XIV: Inclement Weather Policy

Every effort is made to hold training sessions and games as scheduled. In the event of inclement weather, the following procedures will be used:

A decision whether to close the fields is made by 3 p.m. daily. However, because weather at 3 p.m. may not be the same as at 5 p.m. or 8 p.m., sometimes a later notification becomes necessary. To get the latest field status information subscribe for free text message/email notifications from RainedOut. You can also text RISESC to 84483. To STOP alerts, you can reply STOP to the text messages or text 84483 with STOP. Please note that this stops all alerts from Rise SC as well as other organizations that use RainedOut.

If a training session or game is stopped due to lightning, all players and parents must go to their cars immediately and wait for further notification from Rise or the Rise coaching staff before returning to the fields.

As soon as any decisions on field closings or reopenings are made, parents will receive an email or text message via a notification service of Rise's choosing.

Rise SC field closures are communicated via a notification service. Please register for this free service by following the instructions detailed on our website. Please check with your carrier to determine if there is a fee for receiving text messages before signing up.

League game cancellations are determined by the policies of the respective gaming leagues and by the policies of the clubs on whose fields the games are played. For further information on league game cancellations, please visit the appropriate league website.



SECTION XV: Uniforms Policy

Rise Uniforms

Nike is the exclusive uniform provider for Rise Soccer Club. Soccer.com is the exclusive distributor for Rise uniforms. Players are encouraged to use Nike products such as cleats, shin guards, balls, headbands, goalkeeping jerseys and gloves to match their Nike uniform kits. All Rise players are expected to wear the Rise-approved training kits without any variation to all training sessions and the Rise-approved game kits to games. Any Rise-branded items that are not Nike should not be worn to any club sanctioned events.

Rise members enjoy a 10% discount during each soccer year, after the initial uniform purchase, on all Soccer.com products and receive a free Goal Club Membership. All Rise SC branded items at Soccer.com automatically include the Club discount.

Uniform Policies

For competitive teams, the home uniform is the navy/sky jersey, navy shorts and navy socks. The away uniform is white jersey, sky shorts and volt socks.

Rec uniforms include dark and light jerseys, shorts and socks. For U15 and older, Rise Rec kits are slightly more expensive because jersey numbers must be applied. Rise Rec players should wear their dark jersey to all training sessions.

Jersey color conflicts can occur at games. For this reason, all players should bring both full uniform sets to every game in order to avoid having to sit out because of a color conflict. Failure to resolve a color conflict could result in a forfeiture being awarded against the home team.

During cold-weather practices, players should wear their Rise warm-up top (if issued) with the required training kit underneath. For games, warm-ups are worn during the warm-up session and are not worn during the game unless a player is subbed out. Players may wear long-sleeved undergarments beneath the game jersey if the undergarment is a Nike product whose color matches the primary sleeve color of the jersey. The same policy applies to shorts.

Jersey Numbering

Rise SC assigns all jersey numbers, no exceptions.

Uniform Modifications

Rise's practice uniforms, game uniforms, backpacks and warm-ups may not be modified in any way (for example, applying names or patches, etc.), without the prior approval of the Executive Director.

Any violations of the uniform policy may result in the club requiring the player to replace the modified uniform piece at his/her sole expense or be declared ineligible to participate further in games or events where the modified uniform piece would be used.



SECTION XVI: Payment and Fees Policy

Players with unpaid balances of any fee from previous seasons are not eligible to register for a future season until all prior fees due are paid in full.

Rise uses an à la carte fee approach for its recreational program. Parents will be responsible for paying a seasonal registration fee, purchasing their uniforms from Soccer.com and playing for any Rise soccer camps not included in their programming.

For Rise Competitive programming, we use an all-in fee approach. Outside of uniforms that parents purchase directly from Soccer.com, the fee will cover almost all other fees, including training fees, coach travel, league fees, referee fees and tournaments/showcases. The all-in fee structure minimizes unexpected fees and allows our team managers to volunteer without taking a financial risk. Payment plans are available.

Recreational Programming Fee (U8-U19):

All players seeking placement on a Rise Recreational team must complete registration with Rise, including payment in full of the programming fee, during the appropriate registration period. The programming fee does not include the cost of the uniform, which must be purchased directly from Soccer.com before the start of training.

Competitive Programming Fee (U8-U19):

All players seeking placement on a Rise Competitive team must complete registration with Rise during the appropriate registration period. Before securing placement on a competitive team, players must pay all required fees in full by the indicated deadline. Both the registration and commitment fees will be discounted from our indicated all-in fee. Your balance will be payable in monthly installments.



Refunds:

In general, fees are non-refundable, nor may future financial obligations to Rise be waived, subject to the following:

Season-Ending Injury: Any Rise player who incurs a season-ending injury, as documented by a licensed physician, while participating in a Rise activity is eligible for a partial refund of fees paid which cover the remainder of the applicable season dating from the time the player's parent or guardian provides written notification to the appropriate Rise Registrar (Competitive Registrar or Recreational Registrar, as applicable) that the player is no longer able to participate in the season due to the injury. Such refundable amount does not include uniform costs or any portion of fees paid which cover the player's participation in leagues, tournaments or other events.

Relocation: Any player who moves to a location more than 50 miles from the nearest Rise field location is eligible for a refund or waiver of the portion of his or her fees which covers the remainder of the applicable season dating from the later of either the date the player ceases participation in all Rise activities, or the date the player's parent or guardian provides written notice to the appropriate Rise Registrar (Competitive Registrar or Recreational Registrar, as applicable) that the player is no longer able to participate in the season due to the relocation.

If, at any point after accepting an invitation to join a Rise Academy team (including Rise Jr. Academy) or Rise Competitive team (including Rise Elite, Rise Premier and Rise Select), a player voluntarily withdraws he/she shall not be entitled to a refund or waiver of any fees paid and shall remain obligated to complete any payments still pending for the current seasonal year. Training time or game time conflicts are not grounds for refunds.



SECTION XVI: Payment and Fees Policy

Other Team-Related Costs: Depending on your player's placement and the activities of his or her team, other fees may be necessary. Tournament registration fees, travel costs, individual travel costs and other such team-specific fees are the responsibility of the parents of each player on the team and are collected separately by the team manager.

SECTION XVII: Team Formation

The Rise coaching staff makes all team formation decisions. Once announced, teams generally remain fixed through the the upcoming season. However, the coaching staff reserves the right to make roster adjustments – up or down – at any time so long as such adjustments are made in good faith based on sound professional judgment and consistent with all applicable gaming league rules. No player/parent shall incur financial loss of any kind as a result of such movement.

Rise SC makes every effort to accommodate ALL registrants. However, we are occasionally unable to place every registrant on a team. In such cases, players will either be placed on a waitlist or will be offered a full refund.



SECTION XVIII: Field and Facility Policies

Use of Rise Soccer Club fields without prior written consent from the Executive Director is strictly prohibited. Requests for field use – including, but not limited to, the use for scrimmages and private training sessions – must be made in advance to the Executive Director or his/her designee.

Rise SC fields are private property; the following are strictly prohibited:

- Activities where a Rise staff coach is not present.
- Pets of any sort.
- Smoking, alcoholic beverages or illegal substances.
- The destruction or defacing of soccer facilities or equipment such as goals, nets, corner flags, bleachers, grass, walkways, etc.
- Please observe the following guidelines when parking at Rise fields:
 - Allow pedestrians the right of way.
 - Maintain less than 10 MPH speed.
 - Park in an orderly manner so as to maximize use of parking space and to maintain driving lanes.
 - Parking at our facilities is at your own risk.
 - Rise will not be liable for any damages or theft of vehicles on our properties.
 - Enter and exit facilities only through designated gates.
 - Do not park on grass areas.
 - Children should avoid walking through the parking lots as much as possible.

Violation of the Rise SC field use policy shall be deemed a violation of the Rise Code of Conduct.



SECTION XIX: Lost and Found

Rise SC does not maintain a lost-and-found and is not responsible for players' property left unattended at Rise SC fields. Because players have similar equipment and kits, items such as soccer balls, backpacks, warm-ups, etc., should be clearly identified in a manner that is also consistent with the uniform policy.

SECTION XX: Rise Fan Gear

Rise SC volunteers will organize fan gear sales throughout the year at numerous locations. There is no better way to show support for Rise SC at games, tournaments, school events, etc., than by wearing fan gear. Fan gear sales typically occur when training sessions begin prior to the fall and spring seasons, at our club tournament and around mid-season.

SECTION XXI: Club Member Safety

Rise SC makes every reasonable effort to provide a safe environment for players. However, parents should not leave players unattended at any field. Please make sure that your player's coach or team manager is present before dropping him or her off for a training session or game.

Get to know other coaches, parents and players, especially those on your player's team and on the teams that practice on adjacent fields. Players should practice the "buddy system" when using restrooms at games and training sessions. Parents and parent-appointed chaperones are responsible

for their respective players when traveling. Be aware of your surroundings. Do not become complacent. Report dangerous field conditions to the Executive Director or Technical Director, or to any Rise coach or board member.

SECTION XXII: Player Insurance Coverage

Limited secondary insurance coverage is automatically provided to registered Rise players through STYSA and US Club Soccer. Such coverage applies ONLY to certain sanctioned events, including regularly scheduled training sessions and games, and requires the player to have completed and submitted the appropriate Medical Release Form. This coverage supplements the player's private health insurance policy. For players without private health insurance, this policy may serve as limited primary insurance.

For more details, see the following websites:

STYSA: <http://www.stxsoccer.org>

US Club Soccer: <http://www.usclubsoccer.org>