



TOGETHER WE RISE

## RECREATIONAL PROGRAMMING

PROGRAM BIRTH YEARS	RISE REC JR. - \$125 U4 (2015), U5 (2014)	RISE REC ADVANCED - \$275 U6 (2013), U7 (2012), U8 (2011), U9/U10 (2010-2009), U11/U12 (2008-2007)
<b>DESCRIPTION</b>	Introductory program where youngest players start to develop their fundamental skills and build their technical foundation	For players that want consistent, age appropriate training by professionally licensed coaches with limited assistance from parents
<b>COACHES</b>	<b>Central (Training):</b> RISE Competitive Coaching Staff <b>All other locations (Training):</b> Parent team managers <b>Games:</b> Volunteer parent team managers	<b>Training:</b> RISE Rec Coaching Staff with some assistance from volunteer parent team managers <b>Games:</b> Volunteer parent team managers
<b>TRAINING SESSIONS / SCHEDULE</b>	<b>Central:</b> 1 Friday afternoon pool session <b>Central:</b> 12:1 player: coach ratio with RISE Competitive Staff <b>SW:</b> 1x M-Th team session with parent team manager 45 minute training sessions (all locations)	2x per week (M/W or T/Th) Led by professionally licensed RISE Rec Coaching Staff members 1 hour pool sessions, choose your days and location Low player to coach ratios
<b>LOCATIONS OFFERED</b>	West University Place Area (Central) Sienna Plantation (Camp Sienna - SW) Sugar Land (Lost Creek / Settlers Way Park- SW) Missouri City (Community Park - SW) Pearland (TBD)	West University Place area (Central)
<b>GAME FORMAT</b>	<b>2015, 2014:</b> 3v3	<b>2013, 2012, 2011:</b> 4v4 <b>2010, 2009:</b> 7v7 <b>2008, 2007:</b> 7v7 or 9v9 subject to number of registrations
<b>GAME LOCATIONS</b>	Home campus area	As many games as possible will be scheduled against other teams at your practice location. Some occasional away games may be at other complexes, especially for U9+ teams.
<b>SEASON SCHEDULE</b>	<b>Fall Season:</b> Aug 27 – Nov 11, 2018 <b>Spring Season:</b> Feb 15 – May 11, 2019 <b>Spring Break:</b> March 11 – 15, 2019	<b>Fall Season:</b> Aug 27 – Nov 11, 2018 <b>Spring Season:</b> Feb 15 – May 11, 2019 <b>Spring Break:</b> March 11 – 15, 2019
<b>RISE FUTURES (ALL-STARs)</b> 2013 (U6) - 2007 (U12)	N/A	Eligible if selected by RISE Coaching Staff, \$50 fee applies
<b>IN-HOUSE FRIENDLIES</b>	N/A	<b>RISE Inter Campus Friendlies</b> - January 26, 2019
<b>TOURNAMENT</b>	N/A	<b>Woodsoc 4v4 Event</b> - March 31, 2019 Tournament fee is <b>INCLUDED</b> in <b>Rec ADVANCED</b> pricing
<b>TEAM FORMAT</b>	Age groups and genders are combined	Single sex teams Age group specific teams when possible for U6-U8 Combined age group teams for U9-U10 and U11-U12
<b>TEAM FORMATION</b>	RISE Recreational administrator will form all teams. Volunteer Team Managers will be granted one teammate request besides their child(ren). Teams must have a volunteer Parent Manager in place prior to being formed.	The RISE Coaching Staff will form evenly balanced teams to provide a wholesome environment conducive to learning and individual player development within the team concept. The Volunteer parent team manager (who will run the games, assist with practices) will be granted one teammate request besides their child(ren). Player evaluations may be held.
<b>ORIENTATION</b>	<b>RISE 360 Parent Orientation</b> - February 11th from 6:30-8pm at Camp Sienna, Lost Creek, or McGovern Park	<b>RISE 360 Parent Orientation</b> - February 11th from 6:30-8pm at McGovern Park
<b>UNIFORMS</b> (not included in registration fee) <b>Purchased directly from soccer.com</b> 2-year cycle: Year 1 Fall/Spring 2017/2018 Year 2 Fall 2018/2019	<b>Required:</b> 1 Navy Top. Must wear Navy top to training. <b>Approx \$16 (toddler sizing)</b> <b>Returning players:</b> A new uniform purchase is NOT required if you have already purchased one during the current uniform cycle <b>New players:</b> Uniform purchase are only required for new players	<b>Required:</b> 2 tops (Navy & White), 1 pair of Volt socks, 1 pair of Navy shorts. Wear navy top on 1st training day and white on 2nd. <b>Approx \$66-70 depending on sizing.</b> <b>Returning players:</b> A new uniform purchase is NOT required if you have already purchased one during the current uniform cycle <b>New players:</b> Uniform purchase are only required for new players



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<b>PROGRAM BIRTH YEARS</b>	<b>RISE REC - \$175</b> U6 (2013), U7 (2012), U8 (2011), U9/U10 (2010-2009), U11/U12 (2008-2007)
<b>DESCRIPTION</b>	For parents that want an affordable soccer program and are willing to volunteer to run practices and games
<b>COACHES</b>	Practices and games will be run by volunteer parent team managers. Coaching education and lesson plan will be provided
<b>TRAINING SESSIONS / SCHEDULE</b>	2x per week (M/W or T/Th) led by volunteer parent team manager
<b>PRACTICE LOCATIONS</b>	<b>Selected by volunteer parent team manager based on field availability:</b> Sugar Land (Lost Creek) Sugar Land (Settlers Way) Sienna Plantation (Camp Sienna) Missouri City (Community Park) Pearland (TBD)
<b>GAME FORMAT</b>	<b>2013, 2012, 2011:</b> 4v4 <b>2010, 2009:</b> 7v7 <b>2008, 2007:</b> 7v7 or 9v9 depending on number of registrations and teams
<b>GAME LOCATIONS</b>	As many games as possible will be scheduled against other teams at your practice location. Some occasional away games may be at other complexes, especially for U9+ teams.
<b>SEASON SCHEDULE</b>	<b>Fall Season:</b> Sept 10 – Nov 11, 2018 <b>Spring Season:</b> Feb 15 – May 11, 2019 <b>Spring Break:</b> March 11 – 15, 2019
<b>RISE FUTURES (ALL-STARS)</b> 2012 (U7) - 2010 (U9)	Eligible if selected by Rise SC Coaching Staff, \$100 fee applies
<b>IN-HOUSE FRIENDLIES</b>	<b>RISE Inter Campus Friendlies</b> - January 26, 2019
<b>TOURNAMENT</b>	<b>Woodsoc 4v4 Event</b> - March 31, 2019 Tournament fee <b>NOT</b> included in Rec pricing
<b>TEAM FORMAT</b>	Single sex teams Age group specific teams when possible for U6-U8 Combined age group teams for U9-U10 and U11-U12
<b>TEAM FORMATION</b>	A volunteer parent team manager must be assigned before a team can be formed. Rec administrator will form teams. Volunteer team manager may request one teammate besides their own child(ren).
<b>ORIENTATION</b> (included in pricing)	<b>RISE 360 Parent Orientation</b> - February 11th 6:30-8pm at Camp Sienna or Lost Creek
<b>UNIFORMS</b> (not included in registration fee) <b>Purchased directly from soccer.com</b> 2-year cycle: Year 1 Fall/Spring 2017/2018 Year 2 Fall 2018/2019	<b>Required:</b> 2 tops (Navy & White), 1 pair of Volt socks, 1 pair of Navy shorts. Wear white top on 1st training day and navy on 2nd. <b>Approx \$66-70 depending on sizing.</b> <b>Returning players:</b> A new uniform purchase is NOT required if you have already purchased one during the current uniform cycle <b>New players:</b> Uniform purchase are only required for new players