



TOGETHER WE RISE

RISE COMPETITIVE PROGRAM

BIRTH YEARS: 2009 (U11), 2008 (U12), 2007 (U13), 2006 (U14), 2005 (U15), 2004 (U16), 2003 (U17), 2002 (U18) & 2001 (U19)

	ELITE TEAMS	PREMIER TEAMS
PROGRAM DESCRIPTION	The RISE Elite program for boys and girls, U11 through U19 age groups is the highest competitive program within RISE. It is an incredibly rewarding program, but tremendously challenging. RISE Elites must demonstrate the highest level of commitment to training at all times in order to maintain physical and mental readiness for competitions, as roster positions and playing time are 100% earned on merit, especially on the top age group teams. Elite teams require a yearly commitment from selected players. Elite teams are coached by our top age group coaches.	The RISE Premier program for boys and girls, U11 through U19 age groups is the second highest competitive program within RISE. RISE Premier players play in competitive soccer leagues, most of which require limited, if any, travel outside of the Houston area. Premier teams require a yearly commitment from selected players.
CAMPUSES AVAILABLE	CENTRAL & SOUTHWEST CAMPUSES - Boys & Girls NORTH CAMPUSES - Boys Only	CENTRAL & SOUTHWEST CAMPUSES - Boys & Girls NORTH CAMPUSES - Boys Only
TEAM TRAINING FORMAT All teams are selected by the RISE Competitive Coaching Staff and their player placement decisions are final.	Consists of our most determined and often most talented players. RISE Elite players must demonstrate a level of commitment to training that exceeds the norm, especially those on the top age group teams. Elite players embrace a competitive and challenging alongside like minded players.	RISE Premier players that compete on yearly teams must demonstrate a level of commitment to training that exceeds that of the players on seasonal teams. Premier players want top level coaching to help them improve their technical skills so they can play at a high level and eventually seek a promotion or opportunity on a higher level teams.
FEES: U11-U19 There will be a \$50 fee added to all late payments. RISE enforces a strict No Pay, No Play Policy.	\$100 Discount off below fees for all returning Texans players to offset new uniform purchase Boys DA/Boys ECNL/National League/United Soccer Club/STYSA teams Lump Sum: \$2,250 (payable upon registration, includes Commitment Fee) 10 Month Payment Plan: \$2,350 (includes initial \$300 Commitment Fee and 10 payments of \$205) Fees Include: Professionally licensed coaching, field maintenance, game & league fees, secondary insurance, administrative support, base training, training enhancements, and events as detailed below. Lindsay Lyons based teams: Lump Sum: \$2,100 (payable upon registration, includes Commitment Fee) 10 Month Payment Plan: \$2,200 (includes initial \$300 Commitment Fee and 5 payments of \$190) Fees Include: Professionally licensed coaching, field maintenance, game & league fees, secondary insurance, administrative support, base training, training enhancements, and events as detailed below.	Lump Sum: \$2,000 (payable upon registration, includes Commitment Fee) 10 Month Payment Plan: \$2,100 (includes initial \$300 Commitment Fee and 5 payments of \$180) Fees Include: Professionally licensed coaching, field maintenance, game & league fees, secondary insurance, administrative support, base training, training enhancements, and events as detailed below.
TEAM MEETING	Your assigned coach will lead a team meeting to fill you in on your teams expectation and yearly plan by August 11th	Your assigned coach will lead a team meeting to fill you in on your teams expectation and yearly plan by August 18th
SEASONAL BREAKDOWN	FALL SEASON - 16 Weeks Pre-season camps August 5 - November 24 Some teams may have additional end of season events SPRING SEASON - 16 weeks January 20 - May 3 Some teams may have additional end of season events	FALL SEASON - 16 Weeks August 5 - November 24 Some teams may have additional end of season events SPRING SEASON - 16 weeks January 20 - May 3 Some teams may have additional end of season events



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	ELITE TEAMS	PREMIER TEAMS
BASE TRAINING	<p>ELITE TEAMS DA (U13+): 4 team training sessions per week ECNL: 3 team training sessions per week * Boys DA / ECNL based at Burroughs Park Elite (Girls): 3 team training sessions per week Elite (Boys): 3 training sessions per week</p> <p>Training led by a RISE Competitive Coaching Staff member Training sessions are 1.5 hours Team training sessions begin the week of August 5th 3rd sessions usually begin after Labor Day</p>	<p>PREMIER TEAMS Premier (Boys & Girls): 3 team training sessions per week</p> <p>Training led by a RISE Competitive Coaching Staff member Training sessions are 1.5 hours Team training sessions begin the week of August 5th 3rd sessions usually begin after Labor Day</p>
TRAINING ENHANCEMENTS Additional player development opportunities provided free of charge.	<p>Fall Futsal/Small Sided Friday's: August 16, August 23, September 13, September 20, October 11, October 18, November 8, November 15.</p> <p>Spring Futsal/Small Sided Friday's: February 7, February 21, March 6, March 27, April 17, April 24, May 15, May 22.</p> <p>RISE & Grind Pre-season Camp: July 22 - July 25</p> <p>RISE Position Discovery Functional Pre-season Camp: July 29 - August 1</p>	<p>Fall Futsal/Small Sided Friday's: August 16, August 23, September 13, September 20, October 11, October 18, November 8, November 15.</p> <p>Spring Futsal/Small Sided Friday's: February 7, February 21, March 6, March 27, April 17, April 24, May 15, May 22.</p> <p>RISE & Grind Pre-season Camp: July 22 - July 25</p> <p>RISE Position Discovery Functional Pre-season Camp: July 29 - August 1</p>
TRAINING LOCATIONS Families have the ability to designate their home campus.	<p>Central: West University Place area - South Campus / McGovern Park and other area fields Southwest: Sienna Plantation - Camp Sienna Southwest: Sugar Land - Lost Creek Park Pearland: Hickory Slough or Pearland Rec Center North: Burroughs Park (The Woodlands) North: Mueschke / Sandlot (Cypress) North East: Lindsay Lyons Park Humble)</p>	<p>Central: West University Place area - South Campus / McGovern Park and other area fields Southwest: Sienna Plantation - Camp Sienna Southwest: Sugar Land - Lost Creek Park Pearland: Hickory Slough or Pearland Rec Center North: Burroughs Park (The Woodlands) North: Mueschke / Sandlot (Cypress) North East: Lindsay Lyons Park Humble)</p>
GAMING LEAGUES RISE teams will play in leagues of the highest quality that are developmentally appropriate. The Coaching Staff decides the team's league placement.	<p>US Youth Soccer National League USYS - NL (Boys/Girls U13+) National League Frontier Conference (NLFC) (Boys/Girls U13+) United Soccer Clubs (USC) (Boys/Girls U11+) STYSA Dynamo/Dash League (DDL) (Boys/Girls U11+) League Games are on Saturday and/or Sundays RISE will pay all coach travel fees associated with league play, including advancement events.</p>	<p>United Soccer Clubs (USC) - Boys/Girls U11+ STYSA Dynamo/Dash League (DDL) - Boys/Girls</p>
EVENTS/TRAVEL RISE covers: League registration fees Coach travel for league play Non-RISE Sponsored Events: Club covers entry fees and coach travel (if necessary) Event travel rosters will be determined by the Coaching Staff.	<p>DA Teams RISE College ID Camp (s) for 9th-12th graders RISE covers team travel for U16/17 & U18/U19 conference games in: Kansas City, Denver, and Rio Grande Valley</p> <p>ECNL Teams RISE College ID Camp (s) for 9th-12th graders 2 ECNL Showcase entry fees</p> <p>Elite Teams (U15+) 2 events (Executive Director approval required) RISE College ID Camp (s) for 9th-12th graders</p> <p>Elite Teams (U11-U14) 2 RISE Sponsored Events yearly 1 Non-RISE sponsored event yearly (within Texas)</p>	<p>Premier Teams (U11-U14) 2 RISE sponsored events yearly</p> <p>Premier Teams (U15+) 2 events yearly (Executive Director approval required)</p>



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COLLEGE PREPARATION	<p>Players on DA, ECNL and Girls NL teams will receive a HUDL and SportsRecruits account. For players on other teams, accounts can be requested on a team basis for an additional fee.</p> <p>College Process Preparation Meeting One on One meeting with RISE College Placement Director (upon request)</p>	<p>SportsRecruits accounts for players on Premier teams can be requested on a team basis for an additional fee.</p>
RISE SPONSORED EVENTS	<p>Fall Season RISE Sponsored Events H Town Showdown 4v4 event (August) Texans Warmup Cup (August) Nutmeg 4v4 event (December)</p> <p>Spring Season RISE Sponsored Events Reliant Energy Power Cup (February) Woodsoc (May)</p>	<p>Fall Season RISE Sponsored Events H Town Showdown 4v4 event (August) Texans Warmup Cup (August) Nutmeg 4v4 event (December)</p> <p>Spring Season RISE Sponsored Events Reliant Energy Power Cup (February) Woodsoc (May)</p>
RISE ENDORSED EVENTS These are events that RISE supports. The registration and coach travel fees associated with attending such events should be divided among team members.	<p>The RISE Coaching Staff, in order to enhance the player development process, will encourage teams to participate in additional RISE sponsored and/or endorsed events. RISE Elite teams are expected to participate in at least 1 additional event outside of the RISE sponsored event (s) per season. Your coach will provide you with a list of approved events and secure necessary approvals.</p>	<p>The RISE Coaching Staff, in order to enhance the player development process, will encourage teams to participate in additional RISE sponsored and/or endorsed events. RISE Premier teams are expected to participate in at least 1 additional event outside of the RISE sponsored event (s) per season. Your coach will provide you with a list of approved events and secure necessary approvals.</p>
PLAYER EVALUATIONS	<p>Written player evaluation and a face to face meeting with your coach seasonally</p>	<p>Written player evaluation and a face to face meeting with your coach seasonally</p>
<p>UNIFORMS: ECNL / ELITE / PREMIER (not included in registration fee) Purchased directly from soccer.com</p> <p>UNIFORMS: DA 18 fully rostered DA players per team will receive a \$250 gift card provided by Nike to use towards their uniform purchase on soccer.com</p>	<p>Required: RISE Competitive Kit (Goalkeepers have specific kit options) 2 Nike game tops, 2 Nike game shorts, 2 Nike game socks, 1 Nike training top, 1 Nike training short, 1 Nike warmup top, and 1 Nike backpack Cost: Approximately \$350 All players: Must purchase a new uniform as the new 2 year uniform cycle commences</p> <p>2 Year - Uniform Cycle (4 seasons): Year 1: Fall 2019/Spring 2020 Year 2: Fall 2020/Spring 2021</p>	<p>Required: RISE Competitive Kit (Goalkeepers have specific kit options) 2 Nike game tops, 2 Nike game shorts, 2 Nike game socks, 1 Nike training top, 1 Nike training short, 1 Nike warmup top, and 1 Nike backpack Cost: Approximately \$350 All players: Must purchase a new uniform as the new 2 year uniform cycle commences</p> <p>2 Year - Uniform Cycle (4 seasons): Year 1: Fall 2019/Spring 2020 Year 2: Fall 2020/Spring 2021</p>