



TOGETHER WE RISE

RISE REC MIDDLE SCHOOL / HIGH SCHOOL (MS/HS) (RECREATIONAL PROGRAM)

	BIRTH YEARS: 2007 (U13), 2006 (U14), 2005 (U15), 2004 (U16), 2003 (U17), 2002 (U18) & 2001 (U19)
PROGRAM DESCRIPTION	The RISE Rec Middle School / High School (MS/HS) Program is a hybrid of our recreational and competitive offering designed for middle school and high school boys and girls who prefer to play seasonally and are seeking a less rigorous soccer environment.
CAMPUSES AVAILABLE	CENTRAL & SOUTHWEST
TEAM FORMATIONS	All Rec MS/HS teams require a minimum roster of 15 registered players and a volunteer Team Manager in place prior to being formed. Individual Players: Will be placed on teams by the Rec Administrator. Existing Teams: In the event an existing team joins the program, the Team Manager should coordinate with the Rec Administrator to ensure the players are placed on a team together. RISE reserves the right to add additional players to complete rosters at any moment. The RISE Coaching Staff reserves the right to promote players into the Competitive Program if developmentally appropriate.
TRAINING LOCATIONS Families have the ability to request their home campus. These requests will be only be granted if sufficient teams are formed in each location.	West University Place area (Central) Sienna Plantation (Camp Sienna - SW) Sugar Land (Lost Creek) Missouri City (Community Park - SW)
SEASONAL BREAKDOWN	Fall Season: 10 Weeks (September 2 - November 11) *Volunteer led Team Manager training sessions begin the week of August 26.
FEES: U13-U14 Pricing reflects early registration discount.	Registration Fee: \$225 Fees Include: Field maintenance, game & league fees, secondary insurance, and administrative support.
FEES: U15+ Pricing reflects early registration discount.	Registration Fee: \$250 Fees Include: Field maintenance, game & league fees, secondary insurance, and administrative support.
PLAYER REQUESTS	Volunteer Team Managers will be granted one teammate request besides their child(ren).
COACHING	Birth Years: 2007 (U13), 2006 (U14), 2005 (U15), 2004 (U16), 2003 (U17), 2002 (U18) & 2001 (U19) Training Sessions: Led by Volunteer parent Team Managers and assistants Games: Led by Volunteer parent Team Managers
TEAM COMPOSITION	Birth Years: 2007 (U13), 2006 (U14), 2005 (U15), 2004 (U16), 2003 (U17), 2002 (U18) & 2001 (U19) Teams will be gender based Age group-specific teams will be created when possible
TRAINING SESSIONS	Birth Years: 2007 (U13), 2006 (U14), 2005 (U15), 2004 (U16), 2003 (U17), 2002 (U18) & 2001 (U19) 2 weekly (M/W or T/TH) 1 hour training sessions and 1 game on the weekend
TRAINING ENHANCEMENT *Additional fee applies	Players and/or teams may request RISE provide a professional coach to lead technical training sessions once a week in a pool format. A minimum number of players of similar age are required. Cost is \$175 per player per season. These sessions will begin on August 26.



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GAME INFORMATION & FORMAT	<p>Birth Years: 2007 (U13) & 2006 (U14) 11 v 11 70-minute games mainly on Saturdays, but some Sundays Home games will be at a RISE facility. Away games may be at other Central/SW campuses or at opposing team home complex (HYSA).</p> <p>Birth Years: 2005 (U15) & 2004 (U16) 11 v 11 80-minute games Saturdays or Sundays. Most HYSA games are on Sundays for U15+ Home games will at a RISE facility. Away games may be at other Central/SW campuses or at opposing team home complex (HYSA).</p> <p>Birth Years: 2003 (U17), 2002 (U18) & 2001 (U19) 11 v 11 90-minute games Saturdays or Sunday. Most HYSA games are on Sundays for U15+ Home games will be at a RISE facility. Away games may be at other Central/SW campuses or at opposing team home complex (HYSA).</p>
TEAM MEETING	Your Team Manager is responsible for conducting a team meeting to fill you in on your teams expectation and seasonal plan
RISE SPONSORED EVENTS RISE MS/HS teams are encouraged to participate in 1 of the following events per season. Registration fees for these events should be divided among team members.	<p>Fall Season RISE Sponsored Events H Town Showdown 4v4 event (August) Texans Warmup Cup (August) Nutmeg 4v4 event (December)</p> <p>Spring Season RISE Sponsored Events Reliant Energy Power Cup (February) Woodsoc (May)</p>
RISE ENDORSED EVENTS These are events that RISE supports. The registration and coach travel fees associated with attending such events should be divided among team members.	The RISE Coaching Staff, in order to enhance the player development process, may encourage teams to participate in additional RISE sponsored and/or endorsed events. Participation in any non-RISE events will require written approval from the RISE Executive Director.
UNIFORMS (not included in registration fee) Purchased directly from soccer.com	<p>Required: RISE MS/HS Kit (Goalkeepers have specific kit options) 2 Nike game tops (must be numbered), 1 pair of Nike game shorts, 1 Nike training top, 1 pair of Nike game socks Cost: Approximately \$105 All players: Must purchase a new uniform as the new 2 year uniform cycle commences</p> <p>2 Year - Uniform Cycle (4 seasons): Year 1: Fall 2019/Spring 2020 Year 2: Fall 2020/Spring 2021</p>